

Glengarry SC Spring 2022 Schedule

(V8 as of April 25, 2022)

Sessions at the Okanagan Hockey Training Centre

Star Academy, StarSkate, CompetitiveSkate

First day of skating; Mon, Apr 4
 No sessions; Fri, Apr 15 (Good Friday)
 No sessions; Mon, Apr 18 (Easter Monday)
 No sessions; Mon, May 23 (Victoria Day)
 No ice; Tue, May 24 (Jurassic Quest)
 No ice; Wed, May 25 (Jurassic Quest)
 No ice; Thu, May 26 (Jurassic Quest)
 No sessions; Fri, May 27 (Jurassic Quest)
 Last day of skating; Fri, Jun 10
 Star6+ Assessments; Fri, Jun 10 (4:00-6:30pm)

CanPowerSkate

First day of CanPowerSkate; Wed, Apr 6
 No CanPowerSkate session; Wed, May 25 (Jurassic Quest)
 Last day of CanPowerSkate; Wed, Jun 8

CanSkate & PreCanSkate

First day of CanSkate; Mon, Apr 4
 No CanSkate session; Mon, Apr 18 (Easter Monday)
 No CanSkate session; Mon, May 23 (Victoria Day)
 No CanSkate session; Tue, May 24 (Jurassic Quest)
 No CanSkate session; Thu, May 26 (Jurassic Quest)
 Last day of CanSkate; Thu, Jun 9

Minimum Weekly Session & Level Requirements (skaters in Grade 12 may skate one day less than the required minimums)

PreCanSkate (3&4 year olds); Recommended - 2, Required - 1

CanSkate (5+ years old); Recommended - 2, Required - 1

Star Academy: Recommended - 2, Required - 1; Must have completed Stage3 of CanSkate, and be invited to join

Primary StarSkate: Recommended - 3, Required - 2; Competing Star1-Star3, or passed Stage 6 of CanSkate

Intermediate StarSkate: Recommended - 4, Required - 3; Competing Star4-Star5 (landed 1A), or passed Star3 Freeskate Elements + Star3 Freeskate Program + Star3 Skills

Senior StarSkate: Recommended - 4, Required - 3; Competing Star6-Gold, or passed 35 Skate Canada StarSkate tests

PreJuvenile & Juvenile: Recommended - 5, Required - 4; Must attend the BC/YK SS Sectional Championship

PreNovice & Novice: Recommended - 5, Required - 5; Must attend the BC/YK SS Sectional Championship

Junior & Senior: Recommended - 5, Required - 5; Must attend the BC/YK SS Sectional Championship

	CanSkate & PreCanSkate	CanPowerSkate	Star Academy	Primary StarSkate	Int/Sen StarSkate & Competitive
Monday 7:05-7:20pm Flood	5:00-5:15pm C19 Doors 5:15-5:45pm PreCanSkate 5:15-5:55pm CanSkate	No Session	4:25-4:40pm C19 Doors 4:40-5:00pm Group Dryland 5:15-6:10pm Group Circuits	4:55-5:10pm C19 Doors 5:10-5:40pm Group Dryland 5:55-6:10pm Group Warmup 6:10-6:50pm Freeskate 6:50-7:05pm Group Clinic	6:10-6:25pm C19 Doors 6:25-7:05pm Group Dryland 7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills
Tuesday 7:05-7:20pm Flood	5:00-5:15pm C19 Doors 5:15-5:45pm PreCanSkate 5:15-5:55pm CanSkate	No Session	4:25-4:40pm C19 Doors 4:40-5:00pm Group Dryland 5:15-6:10pm Group Circuits	4:55-5:10pm C19 Doors 5:10-5:40pm Group Dryland 5:55-6:10pm Group Warmup 6:10-6:50pm Freeskate 6:50-7:05pm Group Clinic	6:10-6:25pm C19 Doors 6:25-7:05pm Group Dryland 7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills
Wednesday 7:05-7:20pm Flood	No Session	5:00-5:15pm C19 Doors 5:15-5:55pm (ages 8-13)	No Session	4:55-5:10pm C19 Doors 5:10-5:40pm Group Dryland 5:55-6:10pm Group Warmup 6:10-6:50pm Freeskate 6:50-7:05pm Group Clinic	6:10-6:25pm C19 Doors 6:25-7:05pm Group Dryland 7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills
Thursday 7:05-7:20pm Flood	5:00-5:15pm C19 Doors 5:15-5:45pm PreCanSkate 5:15-5:55pm CanSkate	No Session	4:25-4:40pm C19 Doors 4:40-5:00pm Group Dryland 5:15-6:10pm Group Circuits	4:55-5:10pm C19 Doors 5:10-5:40pm Group Dryland 5:55-6:10pm Group Warmup 6:10-6:50pm Freeskate 6:50-7:05pm Group Clinic	6:10-6:25pm C19 Doors 6:25-7:05pm Group Dryland 7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills
Friday	No Session	No Session	No Session	6:15-6:30am C19 Doors 6:30-6:45am Group Warmup 6:45-7:45am Freeskate	6:15-6:30am C19 Doors 6:30-6:45am Group Warmup 6:45-7:45am Freeskate