

## Glengarry SC Spring 2021 Schedule

(as of March 27, 2021)

Sessions at the Okanagan Hockey Training Centre (enter through the OHTC glass sliding double doors) - Mon, Wed, Thu, Fri

Sessions at the South Okanagan Event Centre (enter through the OHTC glass sliding double doors) - Tue

### Star Academy, StarSkate, CompetitiveSkate

First day of StarSkate; Mon, Mar 29

No sessions; Fri, Apr 2 (Good Friday)

No sessions; Mon, Apr 5 (Easter Monday)

No sessions; Mon, May 24 (Victoria Day)

Last day of StarSkate; Fri, Jun 11

Test Day; Sat, Jun 12 (9:00-11:30am)

### Skills & Drills with CanPowerSkate

First day of CanPowerSkate; Wed, Mar 31

Last day of CanPowerSkate; Wed, Jun 9

### Learn-to-Skate with CanSkate

First day of CanSkate; Mon, Mar 29

No CanSkate session; Mon, Apr 5

No CanSkate session; Mon, May 24

Last day of CanSkate; Thu, Jun 10

	<u>Learn-to-Skate w CanSkate</u>	<u>Skills &amp; Drills w CanPowerSkate</u>	<u>STAR Academy</u>	<u>Primary StarSkate</u>	<u>Int/Sr StarSkate &amp; Competitive</u>
<b>Monday (OHTC)</b> 7:05-7:20pm Flood	5:15-5:55pm	No Session	5:15-5:55pm Circuits 5:55-6:10pm Group Clinic	5:55-6:10pm Group Warmup 6:10-6:50pm Freeskate 6:50-7:05pm Group Clinic & Skills	7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills
<b>Tuesday (SOEC)</b> 7:05-7:20pm Flood	5:15-5:55pm	No Session	5:15-5:55pm Circuits 5:55-6:10pm Group Clinic	5:55-6:10pm Group Warmup 6:10-6:50pm Freeskate 6:50-7:05pm Group Clinic & Skills	7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills
<b>Wednesday (OHTC)</b> 7:05-7:20pm Flood	No Session	5:15-5:55pm (ages 8-13)	No Session	5:55-6:10pm Group Warmup 6:10-6:50pm Freeskate 6:50-7:05pm Group Clinic & Skills	7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills
<b>Thursday (OHTC)</b> 7:05-7:20pm Flood	5:15-5:55pm	No Session	5:15-5:55pm Circuits 5:55-6:10pm Group Clinic	5:55-6:10pm Group Warmup 6:10-6:50pm Freeskate 6:50-7:05pm Group Clinic & Skills	7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills
<b>Friday (OHTC)</b>	No Session	No Session	4:00-4:20pm Virtual Dryland	6:45-7:00am Group Warmup 7:00-8:00am Freeskate & Dance & Skills  4:30-5:00pm Virtual Dryland	6:45-7:00am Group Warmup 7:00-8:00am Freeskate & Dance & Skills  5:10-5:50pm Virtual Dryland

### **\* Groupings are based on the following:**

Star Academy; must have completed Stage 3 of CanSkate, and be invited to join

Primary: Competing Star1-Star3 , or passed Stage 6 of CanSkate

Intermediate: Competing Star4-Star5, or passed all 3 of the Skate Canada tests: Star 3 Freeskate - Program, Star 3 Freeskate - Elements, Star 3 Skills

Senior: Competing Star6-Gold, or passed 35 Skate Canada StarSkate tests

Competitive: Competing PreJuvenile-Senior and attending the BC/YK Sectional Championships